



Our names are so important- they give us our identity. Others may have the same name but no one 'wears' your name like you!

With a family member, see if you can you find the answers to the following questions:

- Who gave you your name?
- ♦ Is there a story behind your name?
- Does your name have a meaning?
- Do you like/dislike your name?
- Do your family or friends have any nicknames or other names for you?

Use the template to answer these questions.

Why not share what you have learned about your name with another family member or friend?

'Names are the sweetest and most important sound in any language.' D. Carnegie

Once you have researched and found out information about your name why not make a name bookmark? You could gift this bookmark to a friend or family member, or you could keep it and use it yourself! Here are some photographs to inspire you:







