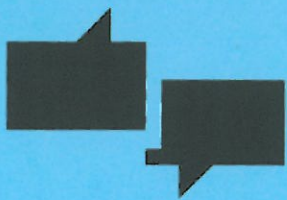


Free Online Mental Health & Wellbeing Support, 7 days a week

www.qwell.io

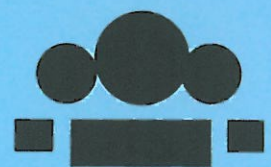
Available on laptop, phone or tablet



Chat to a
friendly
counsellor



Access
helpful
articles



Supportive online
community and
live forums

